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Orienteering
Year 5&6

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Curriculum overview

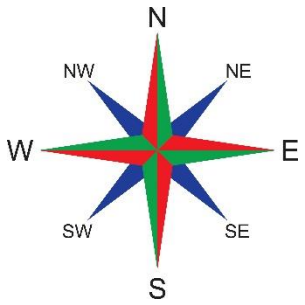
Improve co-operation/ teamwork; problem solving; map reading using keys and symbols; planning and recording in different activities.
Experience a range of OAA activities in familiar environments, working individually, in pairs and small groups.
Develop children holistically by responding to challenges and problem-solving tasks in different environments, correctly using appropriate equipment and understanding safe practice.

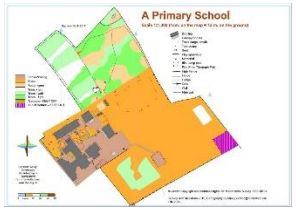
Key vocabulary

Communication	sending or receiving information
Concentration	focusing all your attention
Discussion	talking about something in order to reach a decision or to exchange ideas
Leadership	ability of an individual or a group of people to influence and guide others
Map memory	remembering some features of a map
Navigate	plan best route from A to B
Orientate	move or turn North, South, East & West
Perform	undertake a task
Plan	decide on and make arrangements to undertake a task
Planning ahead	making plans for something in the future
Problem-solving	defining a problem; determining the cause of the problem; identifying a solution; and implementing a solution
Recording	writing down information
Relocation	when lost starting from known place to plan next route
Review	discussion & judgement of the quality of something
Route choice	selecting the way to get to a destination
Safety	being protected from or unlikely to cause danger, risk, or injury
Studying a map	looking closely at details on the map
Symbols	a drawn shape used to represent a real feature
Teamwork	cooperative effort of a team to achieve a task / common goal

Our topic is…

take part in outdoor and adventurous activity challenges both individually and within a team









Sticky knowledge

Knowing that positive interaction and careful listening helps us to work individually and together to solve problems and perform a range of tasks.

Know how to relate an Orienteering map symbol to a real feature.

Knowing what 6-10 Orienteering symbols mean.

Knowing how to “set the map” so it matches N, NE, NW, S, SE, SW, E & We.

Knowing what to consider when choosing the best route to get to a specific location.

Knowing which tactics to use to perform well in a competitive environment.

Knowing what to consider when comparing routes with others.