

Curriculum overview

We will develop the ability to apply the principles of attack vs defence, with a particular focus on creating simple attacking tactics to move the ball up the court, creating an attack that results in a shooting opportunity.

Key vocabulary

Attacker	A player who tries to help their team score goals and move the ball towards the goal.
Defender	A player who tries to stop the other team from scoring or getting the ball.
Chest pass	A pass made by pushing the ball from your chest straight to a teammate.
Footwork	The rules about how a player moves their feet when holding the ball
Possession	When a player or team has control of the ball.
Receiving	Catching or collecting the ball when it is passed to you.
Tactics	Plans or strategies a team uses to help them play well and win the game.

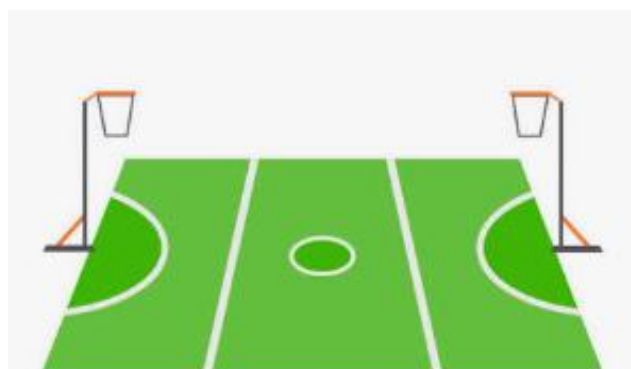
Our topic is...



P.E. - Netball

Sticky knowledge

- Pupils will be able to apply a secure understanding of passing, moving and shooting in order to score points against another team.
- Pupils will demonstrate a growing understanding of the difference between attack and defence by making effective decisions and creating simple tactics.
- Pupils will continue to develop and apply life skills such as resilience and self-motivation as they strive to improve their own performance and understanding.
- Pupils will develop life skills such as trust and cooperation as they collaborate with others and apply the rules of the game.



- 👉 **Cooperation** - Working together to achieve a shared goal.
- ★ **Responsibility** - Doing the right thing and making good choices.
- 💬 **Communication** - Sharing information clearly with others.
- 🚀 **Self-Motivation** - Keeping yourself positive and ready to improve.
- 🧠 **Decision Making** - Choosing the best action to help your team succeed.