

Curriculum overview

We will explore what it means to be human by learning about different beliefs about the soul. We will consider how some religious people see the soul as a connection with God, while others have different ideas about what makes us who we are

Key vocabulary

humanist	A person who believes we should be kind, fair, and make good choices to help people and the world, without following a religion.
soul	The non- physical part of a person that some people believe makes them who they are on the inside.
immaterial	Something that cannot be touched or seen
spiritual	Connection with something bigger than ourselves.
meditation	Focusing your mind to feel calm, peaceful and connected.

Our topic is...



‘What makes us human?’

Sticky knowledge

Humanists do not generally believe in a god or gods or any supernatural power.

The humanist worldview is a non-religious, organised worldview

immaterial means something not based on a physical thing

Soul means a person's spiritual and emotional sense of identity.

Not everybody believes in a soul.

Spirituality is connection with something bigger than ourselves.

Meditation is the connection with your inner self.

The soul

Some people think we have something special inside us called a **soul** or **inner self**. This is like an invisible part of us that makes us who we are. Not everyone believes in a soul. Some people, including many Christians and Hindus, believe that humans have a soul. This means they believe a part of us lives on after we die. Some people believe the soul helps us connect with God. Others believe that the soul is the part of us that includes our thoughts, feelings, and personality.

Buddhism

People who follow the Buddhist worldview generally do not believe in a god or gods but focus on teachings from the Buddha (Siddharta Gotama).

Buddhists focus on consciousness rather than the soul. Consciousness is a person's thoughts, feelings and attitudes and can be changed.



