

Curriculum overview

We will be exploring how to apply the principles of attack vs defence to win a game of tennis. We will be learning to understand where and why we throw/hit the ball on the court and be introduced to basic shot techniques.

Key vocabulary

outwit	using your intelligence to trick or out smart your opponent.
space	An open area on the court that is used by your opponent.
return	Successfully hitting a ball back over the net, landing it in, on your opponent's side of the court.
recover	Returning to a position on the court, usually in the middle of the court on the baseline
forehand	A shot in which the palm of your hand faces the direction in which you are hitting the ball.
rally	A series of returned hits of the ball.
out	when the ball is returned over the net and does not bounce on the inside of the court.

Our topic is...



Tennis

Sticky knowledge

Space is an empty area of the court where the opponent cannot easily reach the ball.

A rally is a series of shots exchanged between players until the ball is not returned successfully.

A return is hitting the ball back over the net and into the opponent's side of the court.

The baseline is the back boundary line of the tennis court and is used as a position to recover to and prepare for the next shot.

Hitting the ball into space can make it more difficult for an opponent to return.

Attack involves trying to put an opponent under pressure by hitting the ball into space.

Defence involves returning the ball and recovering into a ready position.

Learning journey



Baseline and space



