

Curriculum overview

Understanding how medicines, when used responsibly, contribute to health. Understanding the importance of taking medicines correctly and using household products safely. Learning about the risks and effects of legal drugs common to everyday life.

Key vocabulary

Household Products	Products typically used within a household. This includes cleaning products such as bleach, kitchen/bathroom spray, as well as toiletries and cosmetic products such as soap, shampoo and body lotion.
Medicine	A drug or remedy that may be prescribed by a health professional or purchased over the counter.
Health Condition	A disease, illness, injury or disorder either physical or psychological.
Drug	Something a person can take to change the way they think, feel or behave.
Legal Drug	Substances such as caffeine, alcohol or over-the-counter medication, these may have age-restrictions.
Caffeine	A drug found in tea, coffee and soft drinks that makes people feel alert.
Alcohol	A drug found in drinks such as beer and wine, measured in units.
Nicotine & Tobacco	Nicotine is a drug found in tobacco and other products such as e-cigarettes/vapes.

Our topic is...

Drug Education



Sticky knowledge

- Household products should be used as per the instructions on the product.
- Medicines can be dangerous if they are not taken as prescribed.
- Some people have to take medicine, but others choose to take medicine.
- Children should only consume caffeine in moderation.
- Nicotine and tobacco can make a person ill.

