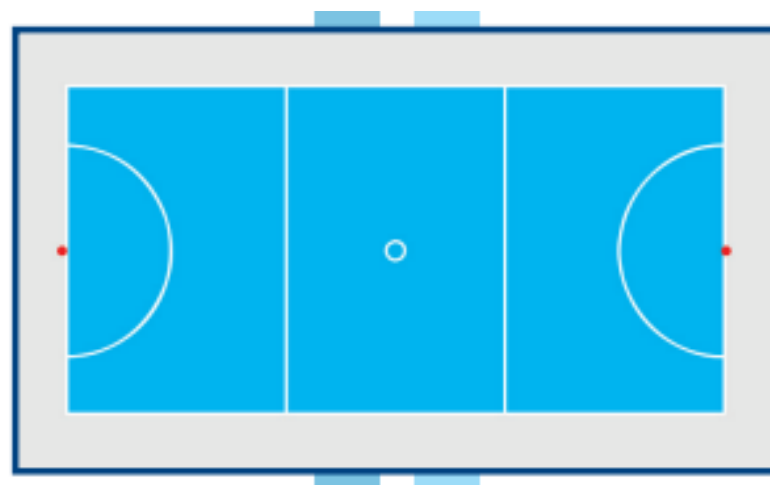


Year 6 PE – Netball Knowledge Organiser

Key Skills		Key Terms	
Passing	Various passes can be used within the game: chest, shoulder, overhead and bounce.	Tactical Skills	Physical Fitness
Catching	A skill used to receive the ball, enabling the team to keep possession of the ball.	attack and defence,	coordination
Dodging	A change of speed and direction in order to get free into space to receive the ball.	free space	agility
Shooting	A skill used by the Goal Shooter and Goal Attack within the game to score a goal.	losing an opponent	reaction time
Defending	A technique used to mark your opponent to stop them finding a space to receive the ball or for a player to intercept a pass.	change of speed	power
		timing	stamina
		decision making	strength

Teams
Netball matches are played on a rectangular court which is divided into thirds with a goal post at each end.
There are two teams, consisting of seven players each.
Each player plays a different position and has a different role within the game.



The aim of the match is for one team to pass the ball down the court to their shooting circle and to score into the goal post.

The game begins with a centre pass. Teams alternate after a goal is scored (regardless of which team has scored).