

Key Vocabulary

Posture	The correct way to sit at the computer.
Keys	Buttons that are pressed on a computer keyboard or typewriter. These can be described by their position; bottom row, top row and home row (middle row).
Space Bar	The bar at the bottom of the keyboard.
Typing	The action or skill of writing something by means of a typewriter or in this case a computer.

Key Question

Why should I have a good posture at the computer?



A good posture is important to help you avoid any injuries that come from repeatedly using the computer incorrectly.

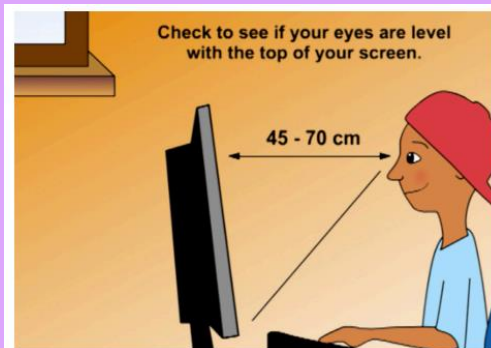
Why should I type certain keys with certain fingers?



Using specific fingers for specific keys allows you to type more quickly.

Key Images

Posture



Keyboard

